

2014 North Carolina Trampoline & Tumbling State Championships

Powered by Piedmont Athletes Excelling Together

Proehific Park
4517 Jessup Grove Rd.
Greensboro, NC 27410
(336) 665-5233

Friday, April 11th

2:30pm Doors open

Open warm ups

3-5pm

Teams warming up: Cabarrus County, Everest, Flip Force, Kpac, Peak Gymnastics, Nick's Flipin' Kids. Ultimate Air

5-7pm

Teams warming up: eNeRGy, Langley, Physical Awareness, Roses' Gymnastics, Sandhills Academy, Team Foothills, Twist & Tuck

State meeting 7pm

All coaches and judges are expected to attend.

The State will provide dinner. We will be going over a plan of action for the summer and fall and the beginning of next competition season.

Saturday, April 12th

7:30am Doors open

7:45am Stretch

National Anthem

Session 1 8am

Levels 7& under Ages 10& under

Session 2 10:00am

Levels 7& under Ages 11& up

1-2pm Lunch

Open Warm up 1-2pm

Levels 8-Elite

Session 3 2pm

Levels 8& up all ages

Awards will follow each session