

eNeRGy Kidz Covid-19 Procedures and Protocols

<p>Arriving at eNeRGy Kidz</p>	<ul style="list-style-type: none"> ● Families will need to PARK and walk their students to check-in. Curbside drop-off will be allowed with signed permission form. <ul style="list-style-type: none"> ○ ALL Preschool Gymnastics classes will be checked in at the preschool door (last door on the front of the building right before you get to the small tree) ○ Monday 11:30 eNeRGy Ninjas and Thursday 2:45 Home School classes will be checked in at the preschool door (last door on the front of the building right before you get to the small tree) ○ Jumping Joeys, Tutu Tots and ALL other students will be checked in at the main doors of the building (under the eNeRGy Kidz sign) ○ Competitive Teams will continue using the same check in procedures that were already in place and enter using the doors that have already been designated. ● All students and families MUST have a mask on and maintain social distance waiting to be checked in. ● eNeRGy Staff Members will take temperatures and ask a series of return to activity questions to anyone who is entering the building <ul style="list-style-type: none"> ○ If a student has temperature higher than 100.4 or shows any other illness symptoms they will not be allowed to stay for class. ○ They must be able to answer “no” to all return to activity questions also to be allowed to stay for class. ● Students should come dressed and ready for class when they arrive. ● Students will not be allowed to enter the lobby to wait for their class no more than 5 minutes before class starts. ● After they have been checked in, they will sanitize their hands and be allowed to enter the lobby to wait for class in designated areas. Masks must remain on while in the waiting area. <ul style="list-style-type: none"> ○ For Preschool Classes - ONLY 1 PARENT who has been screened will be allowed to enter the gym with the student (no siblings will be allowed). The staff will instruct them where they will be able to sit and watch the class. ○ For All Other Class - ONLY the students will be allowed to enter the building at this time.
<p>After Check-In Protocols and Procedures</p>	<ul style="list-style-type: none"> ● Prior to entering the lobby they will sanitize their hands and move to marked off areas in the lobby for their class to wait for their instructors. ● The class instructors will come to the lobby to bring their students into the gym and have them sanitize again. ● Once the instructors get their students, they will lead them to the teachers “square” where they will remove their shoes and prepare for class. ● After the students have put their items in the teacher’s assigned area they will sanitize again and begin class.

<p>During Class</p>	<ul style="list-style-type: none"> ● Students will be required to wear a mask during workouts and staff will continue to promote social distancing during class. Students will be able to take off their mask if they are attempting any skill that the mask would interfere with. ● Stations and activities will be set-up to maintain social distancing ● Lesson plans are designed to limit partner activities as well as sharing of mats and equipment as possible. ● <i>Athletes will sanitize between events</i> ● Spotting will be limited to only necessity at this time. Class instructors are required to wear a mask at all times during class.
<p>After Class / Dismissal Procedures and Protocols</p>	<ul style="list-style-type: none"> ● Teachers will bring students back to the teacher's assigned area where they will sanitize, put their shoes on and gather up all their belongings. ● Instructors will bring the students back to the designated pickup waiting area in the main lobby or the Preschool gym. ● eNeRGy Kidz staff will dismiss students to their parents at the door that the student checked in at. ● Parents need to park and walk up to the sidewalk or use Curbside pick-up to pick-up their student. We will not allow a student to walk across the parking lot by themselves due to safety reasons and liability. <u><i>Parents must wear a mask when picking-up their students.</i></u>
<p>Student Guidelines</p>	<ul style="list-style-type: none"> ● Students must come dressed and ready for class ● Students must bring a small bag to keep their personal items separate and clean during class. ● Follow social distancing guidelines and rules by your instructor. ● Athletes must sanitize hands in between each rotation. ● Water Fountains and Vending Machines will NOT be available.
<p>Staff / Cleaning Guidelines</p>	<ul style="list-style-type: none"> ● Staff will wear masks anytime they are in the gym and not able to social distance. ● Staff will have students sanitize prior to entering the gym, before any activity begins, in between events, and also prior to leaving the building. ● Staff will sanitize equipment in between rotations prior to the next group coming over. In addition, staff will be sanitizing areas that customers wait, sit, and also put their items prior to, in between classes, and the end of the night.
<p>Parental Guidelines</p>	<ul style="list-style-type: none"> ● Parents will need to park to check in students as well as pick up students. ● Parents should not check in students prior to 5 minutes before the athletes schedule time and do not leave them if they have not been checked in. ● Parents need to be on time to pick-up in order to allow staff time to clean prior to the next group.